

February 2023

Highlights

First Presbyterian Church



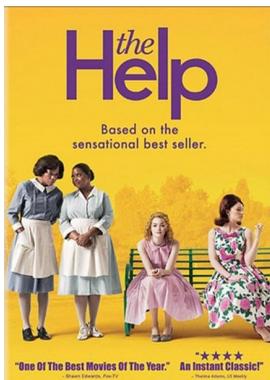
From the Heart

Have you ever had the experience where you begin to notice something with increasing frequency that you had not really noticed before? For example, you buy a new car and then begin to notice them more and more when you drive around. Or someone tells you a story about how they cannot stand the number 53, and how it seems to be stalking them, appearing randomly on clocks, displays, license plates, and so on—then, all of a sudden you start noticing the number 53 yourself! It is called the Baader-Meinhof Phenomenon—or Recency Bias or Frequency Illusion—where something you recently learn or experience

From the Heart continued p.2

Reel Reflections: *The Help*

Thursday, February 16, Movie 6:30 pm, Discussion 8:55, Zoom



An aspiring author during the civil rights movement of the 1960s decides to write a book detailing the African American maids' point of view on the white families for which they work, and the hardships they go through on a daily basis (Source: *IMDB.com*). *The Help* features an all-star cast, with performances by Viola Davis, Emma Stone, Jessica Chastain, and Octavia Spencer (who

received an Oscar for Best Actress in a Supporting Role for her portrayal of Minny Jackson), among others.

The February edition of Reel Reflections presents *The Help*, the critically acclaimed *continued p.3*

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From the Heart continued

begins to appear everywhere.

I experience this from time to time and wonder if in some instances whether it is the work of the Holy Spirit trying to catch my attention. For example, after my trip to the Holy Land, I have noticed more and more connections to people and places I experienced during my pilgrimage. Seemingly unrelated encounters have all pointed back to a place I visited in Israel. Let me walk you through it: In Ibillin, Israel, we visited the Church of the Sermon on the Mount. I learn from our leader that the doors were designed and built by an artist in Spokane, where we used to live. On Christmas Day we ran into a former parishioner from our church in Spokane at worship and invited her to dinner with us, and as we chatted, we learned that she attended a ceremony to bless the doors as they were being prepared for shipment from Spokane to Ibillin. Then, last week, I met a pastor who visited the Church of the Sermon on the Mount while it was being built.

Maybe these are all coincidences. Maybe it is the Baader-Meinhof Phenomenon at work. Or maybe it is Holy Spirit nudging me to pray for Father Elias Chacour, who built the church and the adjacent Mar Elias School, and to pray for the peace of the Holy Land. My vote is for the latter option, because the more I have prayed for the peace of the Holy Land, the more I begin to experience these connections. I think God is trying to connect me to the Jesus' work of reconciliation in his old stomping grounds.

What about you? Where is the Spirit taking you in prayer? I would like to invite you to take up this challenge this year: let the Holy Spirit guide you to a people, person, place, or issue to focus your prayers in 2023. You never know where it might start—a headline in the news jumps out at you, a prayer request in worship touches your heart, or a conversation sets your mind to wander—but once it does, pay attention to where the Spirit takes you. Seek to learn more so you can focus your prayers. Then share your experience with others. Who knows what connections you will find!

And be ready for when I ask you: Where in the world are you praying?



Annual Meeting Set for February 5, 2023

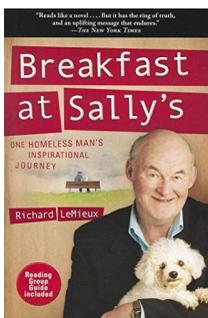
Join us for our Annual Congregational Meeting on February 5, 2023, at 1 pm. We will review 2022 and vote on the pastoral terms of call. Enjoy a potluck lunch prior to the meeting after the late service.

The Help *continued* film portraying the life of Black maids in Jackson, Mississippi, during the height of the Civil Rights movement. Well received by critics and moviegoers alike, the film has also been critiqued for furthering certain racial stereotypes and for misrepresenting Black voices. What makes this film helpful to understanding racism, and where does it fall short? This is all food for our discussion following the movie. Hope to see you on Zoom on the 16th for movie and conversation!

*Note: we will stream the movie via Zoom at 6:30 pm, with discussion following. New to Zoom? No worries, feel free to contact the church office and we can help you set up and test your system. If you prefer to watch the movie on your own, you are welcome to the discussion at approximately 8:55 pm.

Adult Sunday School Book Discussion

***Breakfast at Sally's: One Homeless Man's Inspirational Journey* by Richard Lemieux, Sundays, beginning February 19**



The book is set in Bremerton and reads like a novel but is a true story. The subject of homelessness is serious but the book

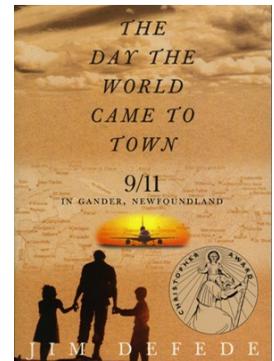
is uplifting. Four of us on the Adult

Christian Formation Committee have read the book, and we are quite excited about sharing it with others. The church office will have copies, so please get one and start reading. Due to budget limitations, we are asking people to buy it for \$14. If the cost is a problem, let Lauren know and it can be free.

Book Club

***The Day the World Came to Town* by Jim DeFede, Thursday, February 16, 10:30 am, Fellowship Hall**

This is a 2002 oral history of the small town of Gander, Newfoundland and Labrador, Canada in the wake of the September 11 attacks written by journalist Jim DeFede. When 38 jetliners bound for the United States were forced to land at Gander International Airport in Canada by the closing of U.S. airspace on September 11, the population of this small town on Newfoundland Island swelled from 10,300 to nearly 17,000. The citizens of Gander met the stranded passengers with an overwhelming display of friendship and goodwill.



Session Actions

The Session met online via Zoom on Monday, January 16 at 7 pm, and the following actions were taken:

- Received report from the luncheon with the confirmands on January 8. Session members were present to hear the presentation of affirmations of faith from both Henry Wendel and Sadie Miller, voting to accept their request for baptism and membership at FPCPA.
- Approved a new fund for One Parish One Prisoner (OPOP) and authorized the OPOP Committee to approve expenditures.
- Approved authorizing the Mission and Outreach Committee to approve expenditures from the newly created Wilcox Memorial Fund.
- Approved the revised budget for 2023.
- Approved to hold the February 5 Annual Congregational Meeting fully in-person, with no streaming of the meeting online.

Volunteering & Donating Food Bank Volunteers

Please consider joining a group of us from FPCPA plan at the PA Food Bank (632 N Oakridge Dr.) the second Thursday of each month at 10 am for

about an hour of united effort. Please contact Susan Fisher or Barb Pappas (bpappas378@gmail.com) about the application the Food Bank requires (can be completed online) and to be identified as part of our group. You do not have to attend each month, but you need to be cleared in advance.

There has been a hiatus for volunteers who go on their own at other days/times as the Food Bank staff works to develop its programs, including the new Market – a shopping approach for clients.

Also a major fundraiser for the Food Bank was canceled recently, so please consider donating \$\$\$ to this organization.



Media Team Needs You!

Summer poses a challenge for filling all the media team slots Sunday after Sunday. In addition to the usual team member absences due to vacations, we're losing two valued members for an extended 4-month absence. So we need your help. Despite what you may have assumed, our sound, slide and camera systems can be mastered in short order. In addition, due to the excellent work of Tim Brye, the systems are very stable and don't

present the need for extensive trouble-shooting. The current team is a tribute to the fact that “old dogs CAN learn new tricks.” So can you. Consider being a part of this ministry. Contact Wayne Brown for more information at 363.207.9628 or webrown43@gmail.com.

Clothes Closet at FUMC

The Clothes Closet at the First United Methodist Church has re-opened its doors to provide clothing for men and women in need. Located at 7th and Laurel, the Closet is now accepting donations of clean, new or gently used clothes, shoes, and bedding. Specific items needed are men’s clothes (no suits or dress shoes)—t-shirts, warm coats, tennis shoes, small sized jeans, socks, underwear, sample-sized hygiene items, blankets, and sleeping bags. All clothing is free to anyone needing them.

During the Covid closure, the Closet supported the community by donating clothes to OMC for their clothes closet, socks to the Veteran’s Center, warm coats to the Senior Center, social service case workers for their clients, and to the Salvation Army and Serenity House. Bags of unusable clothes go into rag rugs, to volunteers who remove graffiti from buildings and signs in PA, and to

others who request “rags.” For information or questions please call Paula Hoover at 909-890-8875 or Bobbie Buckley at 360-477-8906.

Events

CPR/AED Class

9 am - Noon, Saturday, February 4, Fellowship Hall

Sign-up sheets are at the Connection Center. Please consider taking a few hours on a Saturday morning to learn the skills that could save a life. The \$55 fee is being covered by the church.

Mexican Train Dominos

2 pm, Saturday, February 11, Fellowship Hall

Come join us for an afternoon of Mexican Train Dominos! The date is



Saturday, February 11, at 2 pm in Fellowship Hall. If you have a set of double 12 dominoes, please bring it. If you have never played this game, don’t let that keep you away. It is easy to learn. There is a sign up sheet in Fellowship Hall. If you have any questions, please call Melanie DeBiddle at 360-457-2997 or Pat Hyden at 360-457-1843. Looking forward to seeing you on the 11th of February!

Praise Hymn Sing

2 pm, Sunday, February 12, Sanctuary

Please join us for an uplifting time of song and worship through song. You will leave feeling renewed!

Ash Wednesday and Lent Observances

February 22 is Ash Wednesday and marks the beginning of Lent--the 40 days leading to Easter. Two special services will be offered on Ash Wednesday, one at noon and one at 6 pm.

Please join us Thursday evenings in March for food, fellowship, and worship at our Lenten vespers services. At 6:15 pm, we will gather in the fellowship hall for a soup supper meal before heading to the sanctuary for the vespers services at 7 pm. The focus of our lectio divina readings during Lent will be from Jesus' Sermon on the Mount. Services will also be livestreamed for those who cannot attend in person. We hope you will join us on Thursdays in March as part of your Lenten observance.

Living Stones in the Holy Land

In March, Pastor Matt will offer a follow-up presentation on his pilgrimage to Israel and Palestine, sharing his experience with various peacemakers he met with while there. Look for more information in the

March *Highlights* and the weekly eNews, later in February.

Sizzling Summer Sale (SSS) Questions

Dona Hair is retiring from the SSS business. Bobbie is cutting back but would like to participate, just not in a leadership role. So, there are questions about the future of the First Presbyterian Church SSS and how the project affects the community.

Should we continue having rummage sales to raise money for community organizations? Are you willing to co-chair the project?

Please direct your thoughts, questions and/or ideas to Dona Hair at 360-670-3213 or Bobbie Buckley at 360-477-8906.

Correspondence

The Holms in Malawi

We are thankful for celebrating our 10-year anniversary of living in Malawi in 2022. (Wow, time flies!) Your prayers and financial support are an essential part of this mission, and we are very thankful for each of you! Please continue pray for the country of Malawi, its government, its leaders, its students, its future, and also pray for our local partner, the Church of Central Africa Presbyterian, and the universities that we work for.

Tyler, Rochelle, and Mphatso (age 9)
Holm



and wishing you the very best.

Love, Louise

From MANNA

Dear Members, MANNA would like to thank you for your continued support in helping Port Angeles neighbors in need! Your most recent bake sale, raising over \$1600 for MANNA is impressive and most appreciated. Our weekly requests reflect the many unmet needs in our community. Our offer of assistance is well received and appreciated as it gives relief to those who worry with unmet needs. We thank you! --The MANNA Volunteers

From Louise Carson

Merry Christmas and Happy New Year!



Here it is,
another
holiday
season! I
am doing
well--
avoided
getting

Covid even though it went through the rest of the household. Even though you only hear from me once a year, I want you to know that I am thinking of you

Pam and I want to personally Thank you for your ongoing support at TAF. Our dream of taking care of marginalized community members and their children is possible because you chose to care. The world is a better place because of you. Thank You !!
 ♥ Pam + Susan

With Thanks from Tafy



From Hamilton Elementary

It is so spirit uplifting to walk in and find tasty doses of appreciation from you all! Thank you so much!
 Thank you from the bottom of our hearts + stomachs! *Stacy*
 Thank you! *Ambie Jeffery*
 Thanks for thinking of us!
 Your treats always bring huge smiles to our staff. So delightful that you think of us often. *Blessings Laurie*
 Thank you for all of the kindness and amazing treats!
 Thank you for always making our day! *Shawna*
 Thank you for all the kindness and support it is appreciated *George K.*
 LOVE all of your goodies! *Becky* Thank You. *Candy B*
 Thanks for all the amazing treats!!! *Daniel*
 The treats are so yummy!! Thank you!
 Thanks *Janet*
 Thank you so very much.
 Hamilton Staff ♥
 Thank you for your thoughtfulness! *Jannik*
 Yummy ☺
 Thank you so much! *Jeannette* Thank you! *Jana*
 Thank you for the treats! So much for all your love + goodies. *Ben*
 Thank you so much! *Danielle* *Brittany*

From Stevens Middle School

1ST PRESBYTERIAN CHURCH,
 THANK YOU FOR YOUR DONATION! WE ARE ALWAYS IN NEED OF THESE TYPES OF CLOTHES. OUR STUDENTS AND THEIR FAMILIES APPRECIATE YOUR GENEROSITY.

*MUCH APPRECIATED!
 ME PARENTS*

Rylee Harts
 Tomas Setubal
 Sarah Keller
 Baker
 Stacey
 Quinn Schroeder
 Sean McComb
 Kristin Lunt
 Dan Shyles
 Casey McDonald
 Thank you!!

BA
 Bin
 Nora Wilton
 Lisa
 Lisa

With Thanks from a Family Whose Children Attend Franklin Elementary School



Good Day! I was one of the families that attend Franklin Elementary School, and received a Walmart card before Christmas!

I wanted to say THANK YOU for the unexpected blessing of 5th & 4th grade

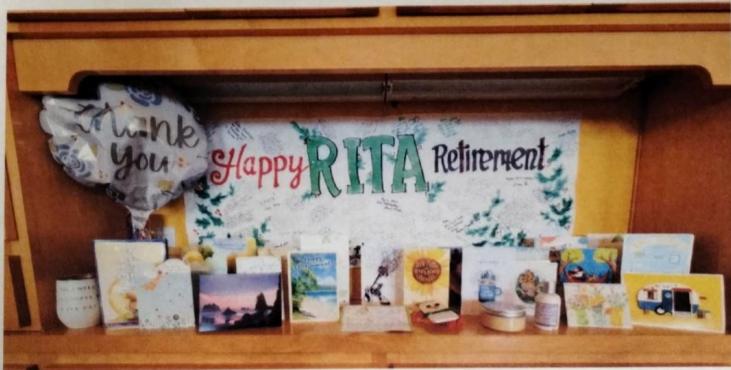
Single mother of 2, oldest has autism, it's been challenging. So thank you very much. Candy

From Rita Frick

To my awesome church family,

I am so thankful for all of you! I miss all of you who would come into the office on a regular basis!

Thank you so much for the special reception with all the hugs and well-wishing! The many cards, flowers, and gifts were so greatly appreciated! A special "THANK YOU" TO Beth Ann White for my banner! I look at it and my heart swells with love and joy!



Steve and I will certainly enjoy the gift certificate to one of the Olympic National Park Lodges. What a special gift.

Steve and I are making plans for our trip to Hawaii that we are having to reschedule. We will be going the last two weeks of April. Camping trips with family have been planned with more to come! Life is good!! God is good!!!

Rita

A Contemplative Practice

Perhaps you are familiar with “lectio divina,” a close reading of a scripture or other text. It is something we practice during Lenten vespers services quite often and during other times of contemplative worship. Have you tried “visio divina”? See *The Upper Room’s* description below of methods for practicing the art of a *visual* encounter with God.

Visio Divina

“Visio divina” invites one to encounter the divine through images. A prayerful consideration of and interaction with a photograph in a magazine, icon, piece of art, or other visual representation allows the viewer to experience the divine in a unique and powerful way.

Visio divina can be practiced individually or with a group in a small group or worship setting by using a piece of art as a focal point for prayer. Scripture can also be paired with the image in order for the viewer to reflect on the scripture through the art.

Try Visio Divina

Pick out an image from a website, a photograph, painting, or icon.

Look at the image and let your eyes stay with the very first thing that you see. Keep your attention on that one part of the image that first catches your eye. Try to keep your eyes from wandering to other parts of the picture. Breathe deeply and let yourself gaze at that part of the

image for a minute or so.

Now, let your eyes gaze at the whole image. Take your time and look at every part of the photograph. See it all. Reflect on the image for a minute or so.

Consider the following questions:

- What emotions does this image evoke in you?
- What does the image stir up in you, bring forth in you?
- Does this image lead you into an attitude of prayer? If so, let these prayers take form in you. Write them down if you desire.

Now, offer your prayers to God in a final time of silence.

--upperroom.org/resources/visio-divina
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(Potential Image for Visio Divina)

CJ Isenberger's New Year's Recipes

Monte Cristo Breakfast Casserole

4 large eggs, room temp

1 1/2 cup half and half

1 1/2 teaspoon Dijon mustard

1/8 teaspoon nutmeg

6 cups cubed day old French bread or 6 large croissants

9 oz cubed ham or cut up deli ham

1 1/2 c Swiss cheese, shredded

one jar of raspberry jam

Preheat oven 350 degrees. in a 8x8 or 9x9 pan, spray oil or non stick. In a large bowl add eggs, half & half, mustard and nutmeg. Whisk till eggs are mixed well.

Add in the bread, stir till well coated. Add and stir in ham and cheese. Pour into baking dish. Bake for 40 minutes. Remove from oven and let cool for about 5 to 8 minutes then spread jam over casserole. Serve!

Cinnamon Roll French Toast Casserole

1/4 cup butter, melted

2 cans Pillsbury cinnamon rolls

5 large eggs, room temp

1/2 cup half and half

teaspoon ground cinnamon

2 teaspoon vanilla

1 cup maple syrup

1/2 cup pecans

Preheat oven to 375 degrees. In a 13x9 glass dish, spray non- stick. Cut the cinnamon rolls, each roll into 8 pieces, set aside. In bowl beat the eggs, half and half, cinnamon, vanilla. Pour melted butter into 13 x 9 pan, place cut up cinnamon rolls in pan. Pour egg mix over cinnamon rolls. Pour the cup of maple syrup over everything. Bake for 20 to 28 minutes. Cool for 15 minutes. In m/w heat the icing that came with cinnamon rolls for 10 to 15 seconds, drizzle over casserole. Serve as is or have more warm maple syrup.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY					
29	30	31	9 am Women's Bible Study 6:30 pm Disc. the Bible	3 pm M/O 7 pm W/M	3	9 am CPR Class 3:45 pm TAFY Dinner					
Communion 8:30/11 am Worship 9:45 am CF	5	6	8 am Fish Co. 1:30 pm Com.Life 5:30 CF Youth 6:45 pm Praise Team	7	9 am Women's Bible Study 6:30 pm NO Disc. the Bible	8	10 am Food Bank Helpers	9	10	2 pm Mexican Train Dominos	11
8:30/11 am Worship 9:45 am CF 2 pm Praise Hymn Sing	12	1 pm Naomi Circle	13	8 am Fish Co. 3 pm BGP 6:45 pm Praise Team	14	9 am Women's Bible Study 6:30 pm Disc. the Bible	15	10:30 am Book Club 6:30 pm Reel Reflections	16	17	18
8:30/11 am Worship 9:45 am CF	19	20	8 am Fish Co. 6:45 pm Praise Team Highlights Articles Due	21	9 am Women's Bible Study Noon & 6 pm Ash Wednesday Services	22	23	24	25		
8:30/11 am Worship 9:45 am CF	26	27	8 am Fish Co. 6 pm Deacons 6:45 pm Praise Team	28	1	2					
Holidays and Observances: 14: Valentine's Day, 20: Presidents' Day											

February Anniversaries

- 10 Andy & Vicki Anderson
- 14 Perry & Christine Keeling



February Birthdays

- 3 Sharon Bowman
- 7 Christina Gaiser
- 8 Barbara Stevenson
- Michelle Olsen
- 9 Steve DeBiddle
- 14 Bob Walter
- 15 Dorita Reed

- 16 Gail Triggs
- 19 Colin Monaghan
- 23 Charles Whitney
- 24 Ann Allen
- 25 Loretta Chapman
- Edna Haworth
- Lillian Woolsey
- 28 Bonnie McCloskey

First Presbyterian Church

139 W. 8th St., Port Angeles, WA 98362
360-452-4781 | fpcpa.org

Worship Services

Sundays 8:30 and 11 am

Office Hours

Monday - Thursday, 10 am - 3 pm

Closed for Lunch, 12 - 1 pm

Closed on Friday.

The office is behind the church building off the alley and is handicapped accessible.

Pastor Matt Paul, pastor@fpcpa.org

Lauren Corder, Office Manager,
administrator@fpcpa.org

Email and phone messages will be answered when the church office is open: 10 am to 3 pm, Monday through Thursday.

If messages or emails are received outside of office hours, staff will respond as soon as they are back in the office.

Inclement Weather

Should the church need to cancel services and/or church events due to inclement weather, we will utilize several methods to inform you about the closure: 1) the home page of our church website (fpcpa.org), 2) our [Facebook](#) page, 3) our telephone answering machine message (360-452-4781), and 4) email. Please call or email the office if you have questions (administrator@fpcpa.org).



Online Resources

Church Website: fpcpa.org

Online Worship: fpcpa.org/worship

Giving Online:

Look for this button on our

COVID Protocol Masks are optional in worship and during church activities.

The First Presbyterian Church of Port Angeles is a community of people of all ages who believe in Jesus Christ as the Son of God and who seek to follow His teachings. We come together to worship God, to grow in our love and support for each other, and to learn about God's will for our lives. Guided by the Holy Spirit, we go out to the community and the world to share our faith and to serve others.